

# LEARNING AT HOME

*For parents*

*And kids*

Build communication skills at home by using words and phrases in every day activities.

All you have to do is... Pick 1- 2 everyday activities from below and practice them for at least 5-10 minutes a day.

## **Greetings and Goodnights**

“Good Morning Mum” “Good Morning Dad”. It’s really important to start conversations well. You might want to reinforce this communication with a high five or a hug.

## **Hygiene (action + noun)**

“wash + face” “brush + teeth” “wash + hands”. This is something your child will do every day so why not make it into a learning activity by combining an action word & one other key word in a simple sentence. Use these phrases when you are doing the activity.

## **Play**

Give your child choices of toys, offer 2-3 toys (puzzle, bricks, and teddy). Name the toys and wait for your child to reach for the item he/she wants. Name the toy and comment on what you see them do with it “your cuddling teddy” “your turning the puzzle piece”. You may want to show how to play with the toys a different way “I’m feeding teddy”.

## **Chores**

My kids actually enjoy helping with dusting, washing and hoovering! Talk about what you see them doing while you are cleaning. Use short phrases so that your child can hear the new words: “Zara is dusting” “wiping the table” “putting the toys away” “sweeping the floor”